

# Farragut

## FIT BODY BOOT CAMP

**30 MINUTES CAN  
CHANGE YOUR LIFE!**

**3 FREE  
SESSIONS!**



**OR**

**4 FOR \$40**



**4 WEEKS FOR \$40!  
NORMALY AT \$165!  
SCAN THE QR CODE TO SIGN UP!**



**COME TRY US OUT AND  
SEE WHAT 30 MINUTES  
CAN DO FOR YOU!**

- **PERSONAL TRAINING IN A GROUP SETTING.  
JUST COME IN AND DO THE WORK**
- **A PLACE FOR ALL FITNESS LEVELS NO  
MATTER WHERE YOU'RE STARTING**
- **POSITIVE COMMUNITY AND A  
SUPPORTIVE FAMILY ATMOSPHERE**

**FOR MORE INFORMATION CONTACT**

**865-601-7173**