

# CHAMBER LIFE

"MISSION: TO STRENGTHEN, PROMOTE, AND CREATE BUSINESS OPPORTUNITIES THROUGH RELATIONSHIPS AND EDUCATION THAT ENCOURAGE MEMBER SUCCESS."

VOL. 37, NO. 2

A PUBLICATION OF THE FARRAGUT WEST KNOX CHAMBER OF COMMERCE

FEBRUARY 2023

Let's Learn about

## Emotional Intelligence

Emotional intelligence (EQ) is not about being smart...it is about being wise. You will learn how your emotional brain interacts with your thinking brain and how you can better handle emotional situations. We will walk you through the critical aspects of emotional intelligence and strategies you can immediately implement to improve your EQ. You will also receive accountability materials to help you stay on track.

Taught By,

**Melissa Spangler, SHRM-SCP**

**KEPA Consulting, LLC**



**FEB 22  
AT 8 AM**

UT Extension - Ag Office  
1801 Downtown West Blvd.  
Knoxville, TN 37919

**HASLAM**  
COLLEGE OF BUSINESS

**Gold sponsor:**

PROFESSIONAL MBA

## New Ambassadors Onboarded

The chamber is thrilled to officially welcome five new ambassadors as of January 2023. Ambassadors are the chamber's longest standing volunteer team comprised of professional representatives and owners of member business who are charged with extending warm welcome to new members and helping all members continually learn how to plug into the chamber and surrounding community.

**Adam Clark, True Metal Supply:** As CEO of True Metal Supply, a local family-owned metal roofing upstart with a unique podcast platform, "Through the Roof!", which talks about various topics in the building realm, Clark is charged with overseeing company operations, personnel, and financials. He is also in charge of relationship building and development.



Clark

**Raeus Cannon, REO, LLC:** As CEO of REO, LLC (Referral Excellence Organization), Cannon runs the behind-the-scenes, day-to-day workings of her company. REO trains their members to network and refer better, while also offering small business owners and sales professionals the opportunity to become a member of the various chapters.



Cannon

**Tom Davis, Trust:** As Vice-President, Davis works in the business banking side of his branch, as well as focusing on Business Development. He both loves and prides himself on building relationships to improve business customer experiences.



Davis

## YPs to Tackle EQ for Advancement

The Chamber's YP contingency, West Young Professionals, will tackle the topic of EQ or Emotional Intelligence in a much anticipated professional education opportunity taking place Wednesday, February 22 from 8:00am-9:30am at the University

of Tennessee Ag-Extension office located at Downtown West Blvd.

With February being all about "emotions" this free program will feature Melissa Spangler of KEPA Consulting in a workshop on "Emotional Intelligence" or EQ. Attendees will learn how the emotional brain interacts with the thinking brain to better handle emotional situations, as well as go through the critical aspects of EQ and strategies to immediately implement to improve EQ for work or just life. Accountability materials to help attendees stay on track are included.

Although the program is at no cost to registered attendees, there is a limit of 70 seats due to space, and so early registration is strongly encouraged.

Visit [www.farragutchamber.com](http://www.farragutchamber.com) > Events to sign up as a member or non-member for this one.

Sponsorship opportunities are available for this and all young professional events, as well as for their entire calendar year. Contact [WYP@farragutchamber.com](mailto:WYP@farragutchamber.com) for details

## Spring Orientation Scheduled; Sponsorships Available

March 21st will mark the date of one of the chambers two bi-annual New Member Orientations which are open to not only newly joined members, but also to longstanding members wanting a brush-up on benefits and to businesses interested in learning about joining the chamber. It will again be held from 11:30am to 1:00pm, include a lunch, networking, program, and will take place at the Farragut Community Center.

This event and its Fall counterpart have continued to see an

average 75-100 attendees, and is a great opportunity for sponsors to take part in! Sponsorships are only \$300 and are industry exclusive, limited to one business per industry category. Sponsors receive logo promotion ahead of the event and are invited to have a table, marketing materials and representatives present AT the event as well. For more information on sponsorship, contact [julie@farragutchamber.com](mailto:julie@farragutchamber.com). For attendee registration, go to [farragutchamber.com](http://farragutchamber.com) > Events > Chamber Calendar.



## Member of the Month February 2023: Dr. Joe Chiro

Congratulations to Dr. Joe Chiro on being nominated and selected as the Farragut West Knox Chamber's Member of the Month for February! A women-owned business, their chiropractors can analyze your body and create a custom pain relief and rehabilitation plan to benefit your health. Not only will they treat your existing conditions, but they also move to prevent pain and illness from reoccurring. Active in the Farragut and West Knoxville community, as well as a proud Chamber member, Dr. Joe is the way to go! Go see them at 312 S. Peters Rd. or visit [goseedrjoe.com](http://goseedrjoe.com).

See AMBASSADORS on Page 3

# Enterprise Club

These Chamber members generously contribute to the Chamber and the Continuing Education Grant Program above and beyond their annual dues.

<p><b>ADMIRAL ELITE</b></p>	<p><b>ADMIRAL</b></p>	<p><b>CAPTAIN</b></p>
<p><b>ANCHOR</b></p>	<p><b>PROPELLER</b></p>	<p><b>SLAMDOT</b></p>



# Networkings

## Simply Magical Vacations by Amy & More Than Memories



**January 19, 2023**

Far left: Networking hosts Amy Shewmake and Wil Davenport take a moment to smile for the camera.

Left: A full crowd at the morning networking hosted at the Farragut Community Center.

## West Young Professionals Break the Ice Event



**January 25, 2023**

Far left: Some of the West Young Professionals Board laughing and enjoying ice cream during the event.

Left: Jeremy Boler, *Boyd Sports*, Garrett Welch, *Civil & Environmental Consultants, Inc.*, and Dr. Eric Hatten, *Eberling Orthodontics* all smile for the camera during the evening networking.

## Senior Financial Group



**January 26, 2023**

Far left: Eric Whitener, *The Knox Fox Real Estate Group*, Diane Stathakis, *FirstTeam Real Estate*, and Cody Barnes and Alexandria Honest, *First Citizens Bank*, smile for the camera at the networking.

Left: (L-R) Daphne Graves, *Blue Moon Estate Sales*, Tom Sharp, *Viamedia*, and Bert Burgett, *Bank of England Mortgage*, enjoy conversation at the evening networking.

# Legislative Agenda



Missing Rick Meredith from Anderson County Chamber of Commerce, the remaining four chambers' CEOs gathered for a rare photo together! L to R: Bryan Daniels-Blount Partnership, Christine Michaels-Oak Ridge Chamber of Commerce, Julie Blaylock-Farragut West Knox Chamber of Commerce, and Mike Odom-Knoxville Chamber of Commerce.



Guests at one of the FWKCC's two tables enjoyed the legislative updates from Tennessee Economic Commissioner Stuart McWhorter on January 27. L to R: John Haney (Board) – NAI Koella RM Moore, Donnie & Susan Bentley – Bentley Home Inspection Services, Christine Dean (Board Chair) – AA-Air Company, Vice Mayor Louise Povlin-Town of Farragut, and Angela Harvey (Board) – First Horizon.

# Welcome New Members!

**The Chamber welcomes these businesses who joined us recently in January!**

Did you know businesses/organizations can submit an application & payment online?

Visit [www.farragutchamber.com](http://www.farragutchamber.com) and click "Join the Chamber!"

AAA Tennessee – Samar I. Insurance Agency  
Samar Izadpanah, 820 Loop Rd., Knoxville, TN 37934, (865) 312-877723

Ampt Electric offers quality residential and commercial electrical service that is fast, reliable, and clean. Their electricians troubleshoot, install, replace, or repair anything in your home or office. Need an electrician? Paul Thomas can assist you at (865) 404-0189.



Approximately 82% of employees do not feel they are being heard at work. With the 5 Voices System, you can teach yourself and your team the power and value of their foundational voice. They will become more self-aware, collaborate at a higher level, and increase their effectiveness. Visit <https://charlieslagle.com>.

**CharlieSlagle.com**

com/ to find out more or call Charlie Slagle with Big Chief Concepts at (865) (865) 567-6543.

Civil & Environmental Consultants, Inc. is an engineering and environmental consulting firm with more than 1,300 team members and 29 offices nationwide. CEC is consistently ranked among the top firms on Engineering News-Record's annual lists of the Top Design Firms and Top Environmental Firms. As employee-owners of the firm, they are personally accountable for building lasting relationships and delivering outstanding results. Garrett Welch can be reached at (865) 977-9997 or visit <https://www.cecinc.com/>.



Corrigan and Williams enable organizations and businesses to master their

See **NEW MEMBER** on Page 4



# Ribbon Cuttings

**Edward Jones – Jennifer Laverghetta  
with Loudon County Chamber  
January 11, 2023**



The Farragut/West Knox Chamber welcomes Edward Jones Financial Advisor Jennifer Laverghetta to the community! It was a wonderful ribbon cutting ceremony with both the Farragut/West Knox Chamber of Commerce, and the Loudon County Chamber of Commerce present. Jennifer's Why: "I am passionate about making a positive impact in my community and my clients' lives. I consider my role as a financial advisor a privilege thanks to my rich and rewarding relationships with those I serve." Welcome and congratulations, Edward Jones Financial Advisor Jennifer Laverghetta!

## ProLift Garage Doors of Knoxville January 18, 2023



Welcome to the community and congratulations, ProLift Garage Doors of Knoxville! ProLift Garage Doors is an industry-leading overhead door company in garage door repair and replacement. Their team of highly-trained technicians has the experience and expertise necessary to meet all of your garage door installation and service needs. At ProLift, they are committed to offering quality service and support that will help to ensure your garage door is safe and reliable. Their team of customer-focused and results-oriented professionals are always available to offer you quality products and industry-leading service.

## Fresh Impressions - January 24, 2023



Whether it's wood floor cleaning and recoating, tile and grout cleaning and resealing window cleaning, or exterior washing services such as roof and driveway cleaning, look no further. There's no more need to contact multiple companies for all of these cleaning services. Fresh Impressions has got you covered! Visit [freshimpressionsn.com](http://freshimpressionsn.com) to find out all about their services and get started on a quote. Congratulations and welcome to the community, Fresh Impressions!

### Ambassadors

From page 1

**Jared Greene, HomeTrust Bank:** Greene is the Business Leader / Banking Center who provides broad oversight for both the Farragut and Knoxville branches. He helps clients with loans, deposit services and payment solutions, as well as consultative advice for businesses of all types or sizes.



Greene

**Charlene Waggoner, farragutpress:** Recently promoted as Advertising Manager, Waggoner trains, supports and assign accounts to the newspaper's Account Executives. She also is responsible for setting the calendar of special target sections as well as helping to keep editorial staff informed of opportunities to highlight local businesses and local events.



Waggoner

## Member Briefs

Looking for more details on a specific event, special or job? Go to [www.farragutchamber.com](http://www.farragutchamber.com) to see these and other member items!

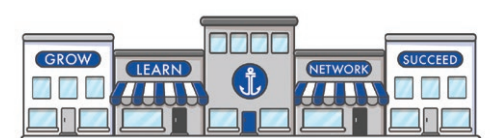
**Euphoric Cheese Shop** is celebrating its 2nd anniversary on February 18th! On that Saturday, they will be doing a customer appreciation day with giveaways, samples, and other fun things from 10am-6pm. They will have a plethora of cheeses, meats, and other charcuterie items for customers to try. There will also be vendors on site so customers can learn more about the brands they carry, and the people behind them. Along with all of that, Treetop Coffee will be joining them from 10am-2pm with free coffee for the first 100 customers! As well as Flourish Flower Truck joining them. It's going to be a fun day you do not want to miss!

**Lee Company** is so happy to be serving the Knoxville community! Lee Company has a nearly 80-year history. Founded in 1944 and today, they are still family-owned. They are a \$350 million company, making life better by handling home, facility, and construction projects. HVAC, plumbing, electrical, handyman services, appliance repair – you name it – they do it all. When Lee Company launched its Knoxville office in July 2022, they brought their stellar home and facility teams, with the goal to bring their construction team in a year or two. Jason Scott leads their home services team, and Matt Atkinson leads their facility services group. Located at 12522 Kingston Pike, Farragut, stop by and see them!

The 2023 **Alzheimer's Tennessee Knoxville WALK** is scheduled for April 22nd at the UT Gardens. There are still opportunities for Corporate sponsorships. Sign up your team today at [www.AlzTennessee.org/KnoxWalk2023](http://www.AlzTennessee.org/KnoxWalk2023), and start fundraising to win some fantastic prizes and join us for the Knoxville WALK Kickoff Luncheon, February 22nd! To RSVP for the Kickoff, to Volunteer, or more information about Alzheimer's Tennessee email [Mary-Lynne.Payne@TNalz.org](mailto:Mary-Lynne.Payne@TNalz.org). Every dollar they raise stays local to help our Tennessee families living with Alzheimer's disease.

Have you ever wanted to work with horses or people in need? **Shangri-La Therapeutic Academy of Riding (STAR)** offers many programs benefiting those in our community facing personal challenges – from children and adults with a disability, Veterans, youth considered at-risk, those in addiction recovery and those struggling with Alzheimer's or dementia. Come out to STAR Volunteer Training (for persons 13 years and older) Saturday, February 25th from 9-1 at 11800 Hwy 11E. Lenoir City. Dress for the weather. Junior Volunteer Training (for those 10-12 years old) is Wednesday, February 22 from 5-7. For more information on STAR programs or to download registration forms go to our website [www.rideatstar.org](http://www.rideatstar.org) or call 865-988-4711.

**Richard F. Qulia Investigations and Polygraph Company** knows that all companies have the possible security problem of Employee thefts. That can mean employee theft of funds, merchandise or intellectual material. Sometimes the only way to know FOR SURE if an employee has been stealing from your business is to ask them to take a Forensic Polygraph Examination. Richard F. Qulia is a retired Special Agent of the FBI and has been conducting confidential Forensic Polygraph Examinations since 1998. Over the years, many banks and other businesses have used his confidential services to determine if an employee has been stealing from their employers. If you suspect your company is experiencing employee thefts, contact Richard F. Qulia for additional information and check out his website at [richardfquliapolygraph.com](http://richardfquliapolygraph.com).



**FARRAGUT  
WEST KNOX  
CHAMBER of COMMERCE**

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This newsletter is published monthly by the Farragut West Knox Chamber of Commerce.



# Welcome New Members!

## New Members

From page 2

sales. With a team dedicated to improving small and medium-scale businesses' business practices. They provide a trajectory for their customers to surmount and overcome the variety of sales challenges encountered in their business today. Visit <https://corrigan-williams.com/> or call Thomas Doxey at (801) 318-0949.



Utilizing leading-edge orthodontic technology and techniques, their doctors will gently and efficiently shift your teeth into the correct position. Your treatment will be comfortable and timely, and will deliver the beautifully healthy, natural-looking smile you deserve! For more information, visit <https://www.eberthingortho.com/> or call Dr. Eberthing at (865) 983-3570.



Knoxville Endurance offers various personal coaching programs for the casual to a competitive runner or triathlon endurance athlete in Knoxville, visit <http://knoxvilleendurance.com> or call Bobby Holcombe at (865) 643-2840.



Hampton Inn Knoxville-West at Cedar Bluff is located off I40/I75 at the Cedar Bluff exit within a half-mile of restaurants and Market Place Shopping Center. The University of Tennessee Knoxville, Knoxville Convention Center, and Neyland Stadium are an 11 miles' drive, and the airport is 22 minutes away. Enjoy a free daily hot breakfast, WiFi, and an outdoor pool. For more information, contact Adrian Zarczynski at (713) 299-6048 or visit <http://www.hamptoninn.com/hi/knoxville-west>



McLain's Painting Service is not content with merely putting paint on surfaces but works hard at all the "extras" including consultation, attention to detail, and respect for their customers. They are a licensed, bonded, and fully insured company specializing in exterior/interior painting, staining, faux finishing, pressure washing, drywall, and small carpentry repair. Call Krysta Moore at (865) 769-8134 or visit <https://www.mclainspainting.com/>.



Kelley Bell is a Group Health Benefits Consultant at Saxon with 30+ years of experience in the financial industry. Saxon's team of experts is knowledgeable on cutting-edge techniques that focus on controlling rising healthcare costs

while still delivering solutions with compassion and transparency to you and your organization. Kelley can be reached at (865) 441-0005 or <https://gosaxon.com/portfolio/kelley-bell-2/>.



Offering a wide selection of unique one, two, and three-bedroom apartment homes that feature exclusive community and household amenities like a sparkling swimming pool, 24-hour fitness center, and clubhouse. With easy access to Pellissippi Parkway and Kingston Pike, they are just minutes away from the University of Tennessee, as well as all the shopping, dining, and entertainment nearby Knoxville offers. Visit <http://www.villageatwestland.com> or call Chelsea Valenzuela at (865) LAKE-LIFE.



Title Group is a full-service title company serving East Tennessee. They became ALTA Best Practices Certified in September 2015. Nathalie De La Torre can be reached at (865) 392-5804 or by visiting <https://titlegroupoftn.com/>.



Made Fresh Daily! It's this promise that sets them apart. Their flavors are made fresh on-site. In addition to their signature Flavor of the Week, they also churn their Vanilla and Chocolate throughout the day. The many quality, fresh topping options let you custom-create your own unique flavor! Visit <https://whitscustard.com/locations/knoxville> or call (865) 867-2988 to find out more.



Window Hero provides a variety of expert cleaning services focusing on windows, gutters, roofs, and exterior pressure washing. Their highly trained technicians are fully insured and guarantee unrivaled quality service. To find out more, call Ben Brown at (865) 244-6323 or visit <https://windowhero.com/local/west-knoxville/>.



Y-12 Federal Credit Union Middlebrook Pike Branch. A small group of employees at the Y-12 plant formed the credit union in June 1950. Word spread about the WOW experiences members found there, including new ways to save, create strong futures, and achieve upward mobility. They love helping their members with their finances and giving to the local communities they serve. Bank, borrow, plan, learn, business. Alicia Strange can be reached at <http://www.y12fcu.org>



# Welcome Back Renewing Members!

*The Farragut/West Knox Chamber welcomes back these businesses who have renewed their investment in the Chamber as of January 2023. We are privileged to count them as Farragut/West Knox Chamber of Commerce members! We urge members to patronize one another when the goods or services a member can provide are needed. It is also our hope that area residents recognize the commitment a business makes to its community when it becomes part of its local chamber of commerce and reward that commitment with its patronage.*

A special thank you goes to these renewing members who are continuing their support of our chamber and the businesses it serves through their above-and-beyond Enterprise Membership:



Thank you for your Enterprise Membership!



Thank you for your Anchor Enterprise Membership!



Thank you for your Anchor Enterprise Membership!



Thank you for your Anchor Enterprise Membership!

7 Title  
865it  
AAA East Tennessee  
AA-Air Company  
Amish Elegance  
Chuck Carringer Executive Coaching LLC  
Citizens Insurance Solutions  
Concord Veterinary Hospital  
Dixie Lee Wines & Liquors, Inc.  
Edward Jones - Financial Advisor:  
Wendy Schopp  
Emerald Youth Foundation  
Express Employment Professionals  
Farragut Middle School

Fitness Together - Farragut  
Flour Power Knoxville  
Hampton Inn & Suites - Turkey Creek  
Holiday Inn Knoxville - Cedar Bluff  
Junk Galaxy  
Keller Williams Farragut  
Kendall Investigations  
Knoxville Real Estate Professionals Inc.  
Kumon of Farragut  
Mary Kay - Marianne Morse,  
Independent Senior Sales Director  
Petree Arbor, Lawn & Landscape  
Pipe Wrench Plumbing, Heating & Cooling, Inc.  
Roane State Community College

Seeds of Change, LLC  
Simmons Bank  
Skintology Centre for Anti-Aging  
Stonebridge Advisors  
Tennessee Pinnacle Group  
The Kitchen LinK  
The Tennessee Credit Union  
Tri-Star Senior Advisors, Inc.  
Tropical Smoothie Cafe  
UPS Store #2381  
WoodmenLife Chapter 3 - Farragut  
Young-Williams Animal Center  
Your Home Sold Guaranteed Realty,  
Kings of Real Estate Team

# Calendar of Events: February 2023

Members can quickly RSVP for events in their Member Portal at <http://members.farragutchamber.com/login>. Call 675-7057 or email [Suzanne@farragutchamber.com](mailto:Suzanne@farragutchamber.com) for a link to create your account! Visitors/Guests can register by clicking the links on the Chamber Calendar ([www.farragutchamber.com](http://www.farragutchamber.com) > "Events") and registering under "Not a member?".

**Tuesdays at the Chamber: FREE Business Mentoring for ANY business with SCORE Greater Knoxville. MUST Email Clifton.Caudill@SCOREvolunteer.org to pre-schedule**

**Wednesdays at the Chamber: FREE Business ADVISING for ANY business @ Chamber with SBDC. Visit [www.tsbdc.org/request-advising/](http://www.tsbdc.org/request-advising/) to pre-schedule**

**Thursday, February 9, 2023**

**4:30-6p**

Networking –  
Farragut High School Education Foundation  
Farragut High School Library  
11237 Kingston Pike  
Farragut 37934

**Thursday, February 16, 2023**

**4:30-6p**

Networking – Tennessee Artists Association  
Chamber Lobby and Conference Room  
11826 Kingston Pike  
Farragut 37934

**Wednesday, February 22, 2023**

**8a-9:30a**

West Young Professionals –  
Breakfast Speaker Event  
UT Extension – Ag Office  
1801 Downtown West Blvd.  
Knoxville 37919

**Thursday, February 23, 2023**

**4:30-6p**

Networking –  
A-Z Office Resource  
5920 Middle View Way  
Knoxville 37909