

CHAMBER LIFE

"MISSION: TO STRENGTHEN, PROMOTE, AND CREATE BUSINESS OPPORTUNITIES THROUGH RELATIONSHIPS AND EDUCATION THAT ENCOURAGE MEMBER SUCCESS."

VOL. 37, NO. 1

A PUBLICATION OF THE FARRAGUT WEST KNOX CHAMBER OF COMMERCE

JANUARY 2023

West Young Professionals KICK OFF 2023

Officially rebranded as of December 2022, the chamber's West Young Professionals (WYP) have already begun planning their 2023 calendar of events and invite young professionals from every industry to attend and connect.

WYP

JANUARY EVENT

Let's kick off our first West Young Professionals event with a bang. Please join us for our Break the Ice Event. It is NEITHER traditional OR speed networking... but we know you'll love it.

WHEN:
25 JAN
4:30 PM - 6:00 PM

Sponsored by: **Slamdot**

January will see the return of a popular event created by them and last offered in 2020. Their "Break the Ice: Icebreaker Networking" will take place on Wednesday, January 25 from 4:30pm to 6:00pm and will consist of multiple fast and fun icebreaker games with more casual networking time in between. Attendees will be able to arrive at any time and jump right in. The location host will be MBI Companies, located at 299 N. Weisgarber Road.

For February, WYP will offer a professional education opportunity taking place on Wednesday, February 22 from 8:00am-9:30am at the University of Tennessee Ag-Extension office located at Downtown West Blvd.. In keeping with the theme of Valentine's Day, this program will feature Melissa Spangler of KEPA Consulting in a workshop on "Emotional Intelligence" or EQ. Attendees

will learn how the emotional brain interacts with the thinking brain to better handle emotional situations, as well as go through the critical aspects of EQ and strategies to immediately implement to improve EQ for work or just life. Accountability materials to help attendees stay on track are included.

More information is coming for a casual networking event on March 8th and a service opportunity on Saturday, April 22 for Earth Day. Registration for all events is available on the chamber calendar at www.farragutchamber.com > Events.

Sponsorship opportunities are available for all of these young professional events, as well as for their entire calendar year. Contact the chamber at info@farragutchamber.com for details.

Member of the Month - January: Laura Sayers

Congratulations to Laura Sayers, of the **farragutpress**, for being nominated and selected as the Member of the Month for January 2023! Laura works at the farragutpress as an Advertising Account Executive and serves different parts of the Farragut area. She is loyal to her clients, and everyone loves to see her smiling face. She is an active community member, attending Chamber and community events alike, and is so deserving to be the first Member of the Month for this calendar year. Congratulations, Laura!



Regional Legislative Breakfast

JANUARY 27, 2023
FIRST BAPTIST CHURCH FAMILY LIFE CENTER
225 N. MAIN ST., CLINTON

Parking: Enter from N. Charles G. Seivers Blvd to Kincaid Street entrance for your convenience

Tickets \$35 each

Sponsorships Available
865-457-2559

7:30 a.m. Breakfast & Networking
8:00 a.m. Program Begins

Please Reserve Seats by Jan. 18
<https://tinyurl.com/BFAST23>

KEYNOTE SPEAKER:
Stuart McWhorter
Commissioner, Department of Economic & Community Development

Sponsored by:

- ANDERSON COUNTY CHAMBER OF COMMERCE
- AK RIDGE CHAMBER OF COMMERCE
- Blount Partnership
- FARRAGUT WEST KNOX CHAMBER OF COMMERCE
- KNOXVILLE CHAMBER

Board applications open through Feb. 3

Reminder: Board applications will be open and available through the deadline of 4:00pm on Friday, February 3. Members in good standing who are looking to actively participate on and lead as a team as part of a very active board are invited to apply.

The Board of Directors is the governing body which provides guidance to the chamber, ensuring that it continues to evolve and make strategic progress under its mission to strengthen, promote and create business opportunities through relationships and education that encourage member success. The board also meets monthly but individual directors are asked to take on additional responsibilities as committee or programming liaisons, serve on limited time taskforces, and also be visibly present at chamber events. Board applicants go through a multi-step application process which does involve an interview with the Nominating Committee. Any member interested should send questions to Julie@farragutchamber.com.

Seats limited for Regional Legislative Breakfast

Seats are available on a limited basis for the upcoming 2023 Regional Legislative Agenda update, presented by the five participating chambers of commerce:

- Anderson County Chamber of Commerce

See **BREAKFAST** on Page 3

Enterprise Club

These Chamber members generously contribute to the Chamber and the Continuing Education Grant Program above and beyond their annual dues.

<p>ADMIRAL ELITE</p>	<p>ADMIRAL</p>	<p>CAPTAIN</p>
<p>ANCHOR</p>	<p>PROPELLER</p>	<p>KUB</p>



Let's Learn about
Emotional Intelligence

Emotional intelligence (EQ) is not about being smart...it is about being wise. You will learn how your emotional brain interacts with your thinking brain and how you can better handle emotional situations. We will walk you through the critical aspects of emotional intelligence and strategies you can immediately implement to improve your EQ. You will also receive accountability materials to help you stay on track.

Taught By,
Melissa Spangler, SHRM-SCP

KEPA Consulting, LLC
Your cornerstone for growth.

Ask about our Sponsorship Opportunities!

FEB 22 AT 8 AM

UT Extension - Ag Office
1801 Downtown West BLVD.
Knoxville, TN 37919

West Young Professionals Downtown Holiday Party | December 19, 2022



The West Young Professionals Board poses for the camera.



Young professionals from all over Knoxville having conversation during the evening networking.

Welcome New Members!

The Chamber welcomes these businesses who joined us recently in December!

Did you know businesses/organizations can submit an application & payment online?
Visit www.farragutchamber.com and click "Join the Chamber!"

Wealth Management is a relationship between you and a trusted financial partner who understands your priorities and values and has a personal interest in seeing you attain the future you want for yourself. Baird strives to provide you with all the advice, services, and resources you need to make the best decisions for your future. Call Tommy Keeler at (865) 470-8444 or visit <https://gollihercollins-group.bairdwealth.com/>



support to help individuals reach their financial goals. There's the Standard Package and the 6-month minimum commitment period with packages that renew on a month-to-month basis; is perfect for those looking for a semi-hands-on approach with accountability. For more detail, call Joey Ruffalo at (510) 871-3328 or visit <http://www.jrfinancialcoaching.com>



Robin McNabb of McNabb law offers comprehensive legal advice and counsel. She has a reputation for creative litigation approaches and achieving exceptional results where other lawyers fall short. Specializing in Business, Banking & Commercial Law, Real Estate, Probate, Constitutional Law, Conservatorship, and Estate Planning. Robin can be reached at (865) 444-4370 or by visiting <https://www.robinmcnabbllaw.com/>



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Networking

HomeTrust Bank
December 1, 2022



Top: Chamber members and business owners and employees gather at HomeTrust Bank and enjoy breakfast and conversation with each other.

(L-R): Alex Carver, **Simpay**, Rick Staples, and Jared Green, **HomeTrust Bank Farragut**, smile for a quick photo at the morning networking.

Ribbon Cutting

Knox Massage and Wellness
December 7, 2022



The Chamber welcomes **Knox Massage and Wellness** to the community! The grand opening of this business was celebrated with a ribbon cutting with Chamber members, ambassadors, and community members. Owner Anita Dunford (center) has been a licensed massage therapist since February 2015 and started Knox Massage and Wellness. Her work is therapeutic and she works on restoring functionality and improving quality of life. While incorporating different modalities based on the need of the client, she is sure you will get the restoration and therapy you need with her and her team's care. Modalities include deep tissue, trigger point therapy, Ashiatsu, SMRT, hot stone massage, and table stretching. Congratulations, Knox Massage and Wellness!

Member Briefs

Looking for more details on a specific event, special or job? Go to www.farragutchamber.com to see these and other member items!

FirstBank Farragut has deposit specials for the new year! Now, you can lock down a great rate on a CD with your choice of maturity dates. The longer the term, the higher the rate. Build security with a powerful savings tool from a bank that gives you power to choose. Contact them at (865) 288-3307 for more information!

ActFast CPR offers CPR classes to the whole community! CPR skills are an important skill to have, and ActFast wants to make sure you are properly trained. The team at ActFast will come to you and train your staff to make sure you know what to do, should you have to use those skills. Contact them at info@actfast-cpr.com or call them at 865-671-0657.

Remote Area Medical is hosting their free Knoxville clinic January 13-January 15 at the Jacob Building. All services are free and open to the public, and no ID is required. You can find out more information on their Facebook page.

Olympus Car and Coach is offering an early bird discount of \$50 off per person for anyone who pays their deposit on a multi day tour for 2023. Their tour schedule can be found on their Facebook page at Olympus Car and Coach.

The **Farragut Business Alliance** is partnering with **Turkey Creek Medical Center/Tennova** for the Farragut Health & Wellness Expo! The expo will take place on Saturday, January 14 from 10am-3pm in the Farragut Community Center. This event is free to the public.

Bert Burgett, **Bank of England Mortgage**, is a Senior Reverse Mortgage Specialist. Using products from the top reverse mortgage companies, his clients have peace of mind knowing they are working with a credible national mortgage banker. When seniors decide to proceed with a loan, Bert helps them navigate the entire process from counseling to closing. Contact him at 865-691-0514 or email him at bburgett@boemortgage.com

ProLift Garage Doors is offering a \$9 Garage Door Tune Up to celebrate their ribbon cutting happening this month, as well as one year being in business. They are honoring this the entire month of January. Visit proliftdoors.com or call 865-317-4827 for more details.

Solomon IT is proud to announce the newest addition to their team, Lee Chamberlin, for their spring internship. Lee is a recent graduate of Oak Ridge High School, and is finishing his degree at Roane State. Very interested in Cybersecurity, he often tinkers with Ethical and White Hat Hacking in his spare time. Join Solomon IT in welcoming Lee Chamberlin to the family!

Breakfast

From page 1

- Blount Partnership
- Farragut West Knox Chamber of Commerce
- Knoxville Chamber
- Oak Ridge Chamber of Commerce

The event features keynote speaker, Stuart McWhorter, Commissioner of the Department of Economic & Community Development.

To register for the January 27 breakfast event beginning at 7:30am, and taking place at the First Baptist Church Family Life Center in Clinton, visit the link here: www.tinyurl.com/Bfast23. Tickets are \$35 each.



11826 Kingston Pike, Suite 110
Farragut, TN 37934
(865) 675-7057 | (865) 671-2409 Fax
e-mail: info@farragutchamber.com
www.farragutchamber.com
This newsletter is published monthly by the Farragut West Knox Chamber of Commerce.

Welcome New Members!

New Members

From page 2

at (865) 999-7876, or visit <https://www.puroclean.com/knoxville-tn-puroclean-south-knoxville/>

Ramon DeGennaro, Emeritus Professor, University of Tennessee, Knoxville, (865) 567-0954. Specialties in financial markets and institutions, investments, small-firm finance, corporate valuation, and speaking engagements.

Jennifer Jarrett is a licensed Esthetician for over 9 years providing results-driven facial treatments, including chemical peels and microdermabrasion. She loves helping her clients look and feel their best. To view services and book an appointment, visit <http://skinbyjenn.com> or call (925) 640-7770.



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Welcome Back Renewing Members!

The Farragut/West Knox Chamber welcomes back these businesses who have renewed their investment in the Chamber as of this past December. We are privileged to count them as Farragut/West Knox Chamber of Commerce members! We urge members to patronize one another when the goods or services a member can provide are needed. It is also our hope that area residents recognize the commitment a business makes to its community when it becomes part of its local chamber of commerce and reward that commitment with its patronage.

A special thank you goes to these renewing members who are continuing their support of our chamber and the businesses it serves through their above-and-beyond Enterprise Membership:



Thank you for your Anchor Enterprise Membership!

- | | |
|---|--|
| Blaze Pizza - N. Peters | REO, LLC |
| CedarBrook Outreach | Rick Terry Jewelry Designs |
| Cyan Insurance Solutions | Rotary Club of Farragut |
| Epic Nine | Shangri-La Therapeutic Academy of Riding |
| Farragut Cleaners | Sonesta Simply Suites |
| Holiday Inn Express - Campbell Station | Tennessee Smokies Baseball |
| Huntington Learning Center | Tennessee Strategies |
| Keller Williams Realty - The Cooper Group | Tennessee Valley Fair |
| Kumon of Farragut | The Insurance Group |
| Mary Kay - Marianne Morse, | The Venue at Lenoir City |
| Independent Senior Sales Director | Waste Connections |
| Northwestern Mutual | Wolf, McClane, Bright, Allen & Carpenter, PLLC |
| Park Place of West Knoxville | |
| Postal Annex | |

Calendar of Events: Calendar of Events: January – February 2023

Members can quickly RSVP for events in their Member Portal at <http://members.farragutchamber.com/login>. Call 675-7057 or email Suzanne@farragutchamber.com for a link to create your account! Visitors/Guests can register by clicking the links on the Chamber Calendar (www.farragutchamber.com > "Events") and registering under "Not a member?".

Tuesdays at the Chamber: FREE Business Mentoring for ANY business with SCORE Greater Knoxville. MUST Email Clifton.Caudill@SCOREvolunteer.org to pre-schedule

Wednesdays at the Chamber: FREE Business ADVISING for ANY business @ Chamber with SBDC. Visit www.tsbdc.org/request-advising/ to pre-schedule

Thursday, January 19, 2023

8-9a

Networking –

*Simply Magical Vacations by Amy
AND More Than Memories
239 Jamestowne Blvd.
Farragut 37934*

Wednesday, January 25, 2023

4:30-6p

*West Young
Professionals –*

*Icebreaker Event
MBI Companies
299 N. Weisgarber
Knoxville 37919*

Thursday, January 26, 2023

4:30-6p

Networking –

*Senior Financial Group
10201 Parkside Dr.
Suite 100
Knoxville 37922*

Thursday, February 9, 2023

4:30-6p

Networking –

*Farragut High School
Education Foundation
Farragut High School Library
11237 Kingston Pike
Farragut 37934*

Thursday, February 16, 2023

4:30-6p

Networking –

*Tennessee Artists Association
Chamber Lobby and
Conference Room
11826 Kingston Pike
Farragut 37934*

Thursday, February 23, 2023

4:30-6p

Networking –

*A-Z Office Resource
5920 Middle View Way
Knoxville 37909*

Would your business love to host one of our popular weekly networkings?

Members can do just that!

Call us at (865) 675-7057

to learn more or to book for the 2023 year!

